


SHADY BEHAVIOUR

SHADY STORIES

SHADE PERSPECTIVES PANEL

Good Ideas

- ✓ Shade Audits
- ✓ Learning Grounds Program
- ✓ Policy that supports shade
- ✓ Staff training on sun safety
- ✓ Sun safety games =  game
- ✓ Signage



Key Concepts

- Recreation programs - sun safety policies
- Shade audit - created to gather support for shade
 - usage pattern
 - existing shade
 - additional shade
 - recommendations
- Learning Grounds
 - ↑ children's health
 - ecological diversity
 - educational use
 - cost efficient design
- 80% of lifetime sun exposure occurs before age 18
- Policy - recreation staff will take available measures
 - Staff
 - Supervisors



R.E.S.O.U.R.C.E.S

- Summer Sun Safety - How to Guide
- National Skin Survey Report - 2008
- Health Canada UV Index Sun Awareness Program
- Shade Audits - see cancer.ca/ns.ca
- Evergreen funding
- Small Wonders
- HRM's Sun Safety Policy
- Playground grant
- www.treecanada.ca
- Sun Safe NS



Good Ideas

- ✓ Revolving play space
- ✓ Funding to plant trees - GM Canada
- ✓ Tattoos as promotion
- ✓ Gazebos - permanent shade, moveable
- ✓ Provincial Playground grant
- ✓ Storytime tree - holds props & books
- ✓ Dirt pile & family garden

Key Concepts

- Activity after treeplanting - games, campfire
- Sun Safety Signs, sessions with kids, space for spectators to get out of the sun
- Nature deficit disorder → natural play spaces
 - creativity
 - exploration
 - discovery
- Children don't need much to enhance play
 - logs = forts
 - places to sit



- Students involved in design of playground
- Gardens = respect for earth

TOPICS

- Sun Safety Knowledge/Attitudes
- Solar UV radiation
- Designing 4 Shade
- Shade in daycares, schools & recreation
- Shade lens tool
- Policy that supports shade

STORY SHARING

- Berwick Girl Guides
- Union of Windsor Aquatics
- Box Hollow ECE
- Oldbrook AVDSB

UNITY

HEALTH

