



QUICK REFERENCE CARD

# Colon Cancer Screening Guidelines

## A. DIAGNOSTIC WORKUP

**Symptomatic**  
individuals  
at any age

**In particular, individuals with new onset abdominal pain, changed bowel habit, rectal bleeding or iron-deficiency anemia, weakness or malaise, unexpected weight loss.**

## B. SCREENING

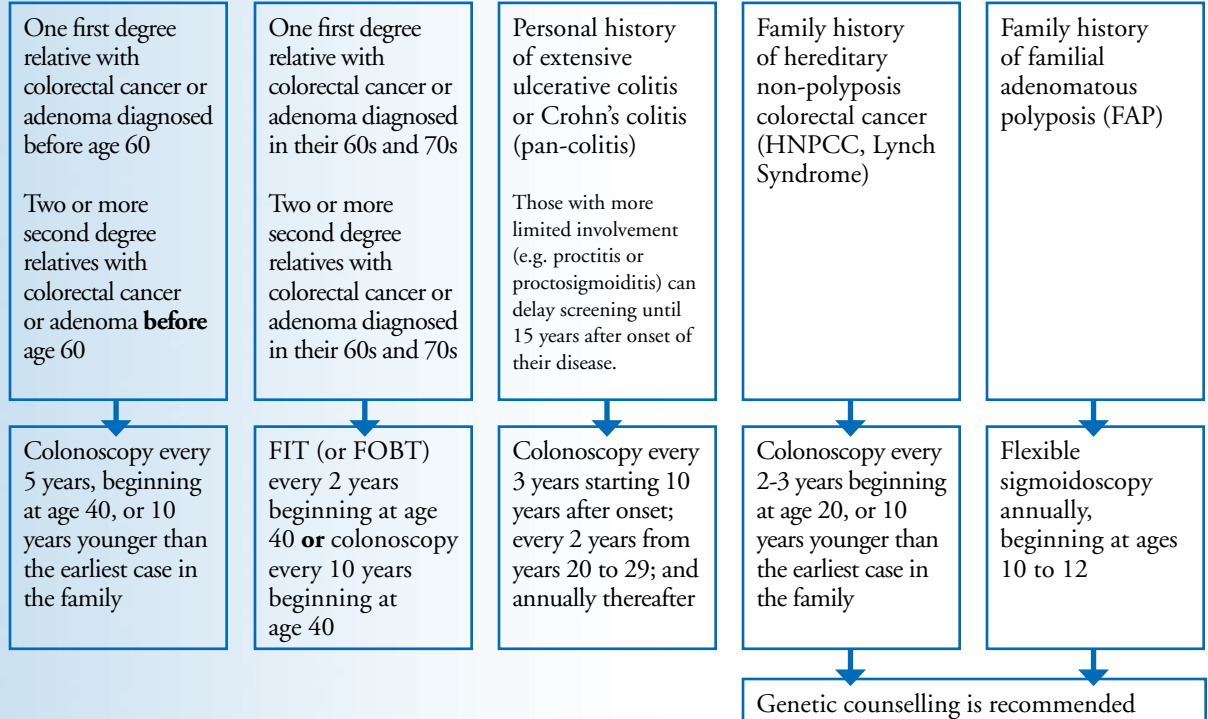
**Asymptomatic**  
individuals at  
**AVERAGE** risk

**Individuals aged 50-74 with NO personal history of:**

- colorectal cancer or adenomatous polyps
- inflammatory colitis (ulcerative or Crohn's colitis) for >8 years
- a close relative with colorectal cancer or adenoma

**Fecal Immunochemical screening (FIT) every 2 years through CCNS's Colon Cancer Prevention Program**  
Until the program is implemented throughout the province, guaiac-based testing (e.g. Hemoccult) should be used.

**Asymptomatic**  
individuals at  
**INCREASED** risk



Individuals 75 and over require individual consideration taking into account past history, co-morbidity, etc.