

# You and Your Cancer Care



**This is an important introduction to your care, what to expect,  
and the supports and services available to you**

**Topics include:**

- What To Expect
- Your Cancer Care Team
- Cancer Treatment
- Common Symptoms and Concerns
- Practical Supports (Finances, Transportation)
- Coping with Cancer
- Psychosocial Supports (Clinical Therapy, Support Groups)
- Cancer Information
- Community Supports

**Why are you attending this class?**

- To understand you are an important member of your health care team
- To help prepare you for your appointments
- To get the supports you need in place now
- To understand what other supports you may need along the way
- To give you the opportunity to ask questions

**Presenters:** Alyson Currie, Social Worker, Dr. Janice Howes, Psychologist

**For more information and dates for upcoming sessions please contact Katie Heckman, CCNS Project Coordinator, at (902) 473-7031.**