



# Catalogue of Educational Materials for Patients and Families with Cancer

June 2007

**Prepared by: Nova Scotia Cancer Patient Education Committee**  
**Developed October 2001**

*Please provide Eleanor King ([Eleanor.king@cdha.nshealth.ca](mailto:Eleanor.king@cdha.nshealth.ca)) with additions and deletions to this catalogue. This catalogue will be printed annually, however, updates will be made regularly to the online version found at [www.cancercare.ns.ca](http://www.cancercare.ns.ca).*

The Nova Scotia Cancer Patient Education Committee developed this catalogue to assist health professionals caring for cancer patients to identify available resources. If you have any suggestions to improve this catalogue, which will be updated quarterly, please notify Anne Murray at (902) 473-3781.

We are depending on the users of this catalogue to assist us in keeping the items from Other Outside Sources/Industries updated. If materials should be added or deleted, please notify Eleanor King at (902) 473-7835. Please provide the date of development, address, email or phone number where the item from Other Outside Sources/Industries can be obtained.

All materials in the catalogue are to be reviewed every three years. The Committee must approve each pamphlet unless it has been authored by one of the organizations that receive automatic approval from the Committee.

Most patient education pamphlets available from the QEII Print Shop (VG Site, Basement) are on [www.cdha.nshealth.ca](http://www.cdha.nshealth.ca) and [www.nshealthnetwork.ca](http://www.nshealthnetwork.ca).

Print Shop:	Fax	473-7944
	Phone	473-2007

This catalogue can be obtained by contacting *Cancer Care Nova Scotia (CCNS)*.

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# Living Well With Cancer

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In Capital Health, these materials are available from Patient Education Coordinator - Phone 473-7835  
(These 13 topics are also available from the racks placed throughout the QEII Health Sciences Centre.)  
Place requests to LWWC at **Administrator@JOICA.JNJ.com**

<b>Title and Control Number</b>	<b>Source</b>	<b>Creation / Rev. Date</b>
Anemia - 988	Living Well With Cancer / QEII	2005
Cancer – 989	Living Well With Cancer / QEII	2006
Chemotherapy – 990	Living Well With Cancer / QEII	2006
Combination Therapy – 991	Living Well With Cancer / QEII	2006
Fatigue – 992	Living Well With Cancer / QEII	2005
Hair Loss – 993	Living Well With Cancer / QEII	2005
Healthy Eating – 994	Living Well With Cancer / QEII	2006
Immunotherapy – 995	Living Well With Cancer / QEII	2006
Nausea & Vomiting – 997	Living Well With Cancer / QEII	2006
Pain – 998	Living Well With Cancer / QEII	2006
Radiation Therapy – 999	Living Well With Cancer / QEII	2006
Surgery – 1000	Living Well With Cancer / QEII	2000
Understanding Medical Words - 996	Living Well With Cancer / QEII	2006
Personal Health Journal	Living Well With Cancer / QEII	2000

# General Topics

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## Available from the QEII Print Shop

Order #	Title	Developer CH	Creation/Rev. Date
	When a Parent is Sick, Helping Parents Explain Serious Illness to Children / author Joan Hamilton	Sheilagh Woods-Hamshaw 473-4218	2001
044	Subcutaneous Injection	Nurse Educator, Oncology	2006
057	Why We Use Bottled Water In Hospital – Water Rules	Infection Control	2007
153	IV, Removing Your	Donna Grant	2002
214	Care of Hickman® Line	Hematology Patient Ed. Committee	2006
228	Finding Health Info on the Internet	E. King/P. Logan	2005
257	American Sign Language	SDHH NS	2006
265	Ommaya Reservoir	Hematology Patient Ed. Working Group	2007
421	Implanted Infusion Ports	SDS / MDU	2004
466	Patients' Rights & Responsibilities	Patient Representative	2005
514	Caring for Someone at Home	Palliative Care	2006
537	Pamidronate by Intermate Infusion Pump	Donna Grant	2004
627	Working with Cultural Health Interpreters: A Guide for Health Care Workers	CHI-IS	2007
644	Blood Collection Services	Blood Collection Services	2005
647	Blood Transfusion	Blood Transfusion Services	2004
693	Hickman® Line	Hematology Patient Ed. Working Group	2007
730	A Guide for Patients, Families & Caregivers (Cape Breton Cancer Centre)	CCNS & CBCC	2005
731	Cancer and It's Care and Treatment	CCNS & CH	2005
732	A Guide for Patients, Families & Caregivers (Capital Health Cancer Care Program at the QEII)	CCNS & CH	2005
1022	Medical Day Unit, VG Site	MDU Staff	2007
1036	Hand Hygiene	Infection Control	2007

# General Topics

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## Available from Other Outside Sources/Industry

Title	Source	Creation / Rev. Date
All About Eprex: A guide for people with cancer and anemia and their caregivers	Janssen-Ortho Inc.	2001
Caring for Your PICC Catheter, A Patient Guide	Cook Canada / Andre Amirault	
Home Care Nova Scotia		
How People With Cancer Handle Fatigue	CANO / Janssen- Ortho Inc. (English & French)	
Living With Cancer: Myths and Realities	CANO / Glaxo Wellcome (English & French)	
Look Good, Feel Better Magazine and Pamphlet	Look Good, Feel Better Program - Donna Grant, Program Coordinator, QEII HSC	
Living & Learning	Astra Zeneca	
Lifeline, Northwood Home Care Ltd.		
Managing Nausea	Appendix 3 BC Cancer Agency, Nutrition Svcs.	1991
MedicAlert™ Pamphlets	<a href="http://www.medicalert.ca">www.medicalert.ca</a>	
A Patient Navigator May Help	Cancer Care Nova Scotia <a href="http://www.cancercare.ns.ca">www.cancercare.ns.ca</a>	2006
Oncology Interactive Education Series (pamphlet)	Cancer Care Nova Scotia <a href="http://www.cancercare.ns.ca">www.cancercare.ns.ca</a>	

Looking Ahead...a handbook of survivorship issues  
ECPT 021012A

Janssen-Ortho Inc.  
19 Green Belt Drive  
Toronto, ON M3C 1L9  
[dimmelli@joico.jnj.com](mailto:dimmelli@joico.jnj.com)

The Emotional Facts of Life with Cancer

Canadian Association of Psychosocial Oncology 2003  
Dr. Barry Bultz  
Dept of Psychosocial Resources  
Attn; Administrative Assistant  
Tom Baker Cancer Centre  
1331 – 29<sup>th</sup> Street NW  
Calgary, AB T4N 4N2  
Phone : (403) 944-1711

online                      [www.capo.ca](http://www.capo.ca)  
individual copies        1-888-939 3333  
large quantity            [bdbultz@ucalgary.ca](mailto:bdbultz@ucalgary.ca)

When Someone in Your Family has Cancer

National Cancer Institute  
Publications Ordering Service  
PO Box 24128  
Baltimore, MD 21227  
[www.cancer.gov](http://www.cancer.gov)

Directory for Cancer Support Services in **Metro** Halifax

Robert Pope Foundation  
PO Box 425  
Hantsport, NS B0P 1S0  
Phone: (902) 684-9129

# Diagnostic

## Available from the QEII Print Shop

Order #	Title	Developer CH	Creation/Rev. Date
004	EKG	Cardiac Services	2004
036	Barium Enema X-Ray	Diagnostic Imaging	2006
041	Liver Biopsy, Percutaneous	K. Peltekiam, MD	2006
042	Transjugular Liver Biopsy	B. Flemming, MD	2006
043	Upper GI X-Ray	Diagnostic Imaging	2006
067	CT Scanner	Diagnostic Imaging	2006
068	Diagnostic Ultrasound	Diagnostic Imaging	2006
070	Nuclear Medicine	Nuclear Medicine	2006
157	Pulmonary Function Tests	Pulmonary Function Lab	
166	I.V.P. X-Ray	Diagnostic Imaging	2006
188	Flexible Sigmoidoscopy	GI Unit	2007
193	Rigid Sigmoidoscopy	GI Unit	2005
197	Wall Motion Studies	Nuclear Medicine	2004
211	Colonoscopy	GI Unit	2005
422	Lumbar Puncture	7.3 Staff	2006
424	Gallium Scan	Nuclear Medicine	2006
425	Bone Scan	Nuclear Medicine	2006
426	Lung Scan	Nuclear Medicine	2006
427	Indium Scan	Nuclear Medicine	2006
428	Brain Scan	Nuclear Medicine	2006
429	Kidney Scan	Nuclear Medicine	2006
431	Gallbladder Scan	Nuclear Medicine	2006
432	Thyroid Scan	Nuclear Medicine	2006
456	MRI	MRI	2006
494	Small Bowel X-Ray	Diagnostic Imaging	2006
1064	Colonoscopy	Hants Community Hospital	2005
1059	Gastroscopy	Hants Community Hospital	2005

# Cancer Treatment / Chemotherapy

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## Available from the QEII Print Shop

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
300	Cytotoxic Precautions, A Guide for Home	Working Group	1999
477	Receiving Your Chemotherapy by Infusor Infusion Pump	A. Dalrymple	2003
537	Pamidronate by Intermate Infusion Pump	A. Dalrymple	2004
683	Cytotoxic Precautions, Hospital	Working Group	1999

# Cancer Treatment - Chemotherapy

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## Available from Other Outside Sources/Industry

Title	Source	Creation/Rev. Date
Sperm Cryopreservation	Atlantic Assisted Reproductive Therapies, Suite 213, City Centre Atlantic, Spring Garden Road, Halifax, NS	
	Phone 404 8600	
Understanding Hand Foot Syndrome	Roche	
Understanding Chemotherapy - A Guide for Chemotherapy Patients and their Families	Eli Lilly Oncology	

# Cancer Treatment - Radiation Therapy

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## Available from the QEII Print Shop

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
1004	What to Expect During Treatment: Cystitis	NS Cancer Centre	2004
1005	Radiation Therapy: Full Bladder Instruction	NS Cancer Centre	2004
1006	Radiation Therapy to the Prostate: Conformal Treatment	NS Cancer Centre	2004
1007	What to Expect During Treatment: Diarrhea	NS Cancer Centre	2004
1008	Lymphedema, Effects of Cancer and Treatment	NS Cancer Centre	2004
1009	What to Expect During Treatment: Skin Care	NS Cancer Centre	2005
1010	What to Expect During Treatment: Radiation Therapy to the Prostate	NS Cancer Centre	2005
1011	What You Need to Know About Your Radiation Therapy	NS Cancer Centre	2004
1012	What to Expect During Treatment: Flare of Pain	NS Cancer Centre	2004
1013	Radiation Therapy to the Head and Neck, What to Expect	NS Cancer Centre	2004
1014	Radiation Therapy to the Pelvis, What to Expect During	NS Cancer Centre	2004
1015	Radiation Therapy to Chest, What to Expect During	NS Cancer Centre	2004
1016	Radiation Therapy to the Breast & Chest Wall, What to Expect	NS Cancer Centre	2004
1017	Radiation Therapy to the Brain, What to Expect During	NS Cancer Centre	2004
1018	Radiation Therapy: What to Expect Once the Treatments Are Finished	NS Cancer Centre	2004

# Palliative Care

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## Available from the QEII Print Shop

Order #	Title	Developer CH	Creation/Rev. Date
466	Patients Rights & Responsibilities	CH Patient Representatives	2005
511	Life is a Journey	Palliative Care	2006
514	Caring For Someone at Home	Palliative Care	2006
688	Palliative Care Services	Palliative Care	2005
1080	Syringe Driver	Palliative Care	2005

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## Available from Other Outside Sources/Industry

Title	Source	Creation/Rev. Date
Family Hospice Care: Pre-planning and Care Guide	Harry van Bommel – St. Elizabeth Health Care Foundation	
Caring Across Cultures Multicultural Considerations in Palliative Care	St. Elizabeth Health Care 90 Allstate Parkway Suite 300 Markham, ON L3R 6H3 Attn: Sally Gajraj	
A Guide for Caregivers	Canadian Hospice Palliative Care Association 1-877-203-1NFO www.living-lessons.org	2002
Young People with Cancer, A Handbook for Parents (available in English and French)	Canadian Cancer Society	2002

When a Parent is Sick (available in English and French)  
ISBN# 1-895-900-40-9

Joan Hamilton 2001  
Contact:  
[swoods@cdha.nshealth.ca](mailto:swoods@cdha.nshealth.ca)

Preparing for an Expected Death at Home

for information to purchase  
Department of Health and 2002  
Continuing Care  
1-800-565-3611

## **Pain Management**

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### **Available from the QEII Print Shop**

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
502	Epidural Pain Relief (Post Op)	Acute Pain Service	2005
639	Patient Controlled Analgesia	Acute Pain Service	2004

## **Pain Management**

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### **Available from Other Outside Sources/Industry**

<b>Title</b>	<b>Source</b>	<b>Creation/Rev. Date</b>
Managing Your Pain - A Helpful Guide to Taking Opioid Analgesics	Purdue Frederick	
Managing Your Pain - Oxycontin	Purdue Frederick	
Managing Your Pain - MS Contin	Purdue Frederick	
Managing Your Pain - Hydromorph	Purdue Frederick	
Managing Your Pain - Codeine Contin	Purdue Frederick	
Pain Management and Control: Information for patients using M-Eslon	Rhone-Poulenc Rorer	
Pain Diary Booklet for M-Eslon	Rhone-Poulenc Rorer	
Your Personal Pain Control Kit for M-Eslon	Rhone-Poulenc Rorer	

# Food & Nutrition

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## Available from the QEII Print Shop

Order #	Title	Developer CH	Creation/Rev. Date
525	Guidelines for Diabetic Meal Planning	Food & Nutrition	1997
552	Iron	Food & Nutrition	1997
553	Low Lactose Diet	Food & Nutrition	1997
556	Tips...High Fibre Eating	Food & Nutrition	2002
557	Low Fat Guidelines	Food & Nutrition	1997
564	High Energy/High Protein Diet	Food & Nutrition	1997
565	User Friendly Legumes	Food & Nutrition	1997
623	Fat Info. for Weight Loss	Food & Nutrition	1997
626	Low Fibre Diet	Food & Nutrition	1997
656	Fibre Content of Foods	Food & Nutrition	1998
657	High Energy, High Protein Guidelines for Diabetic Meals	Food & Nutrition	1998
660	Helpful Tips for the Caregiver	Food & Nutrition	1998

# Food & Nutrition

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## Available from Other Outside Sources/Industry

<b>Title</b>	<b>Source</b>	<b>Creation/Rev. Date</b>
Better Nutrition - All in Good Taste Boost Recipe Book	Mead Johnson Nutritionals	1999
Understanding Canada's Food Guide to Healthy Eating Food Labels	Health & Welfare Canada	
Eating Hints for People with Diarrhea	Taken From: Ontario Cancer Institute / Princess Margaret Hospital Education Package	1997

# Breast Disease

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## Available from the QEII Print Shop

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
087	Breast Cancer Care	Site Team	2002
579	After Breast Biopsy	Same Day Surgery	2003

# Breast Disease

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## Available from Other Outside Sources/Industry

Title	Source	Creation/Rev. Date
Breast Self Examination	Bristol-Myers Squibb	
Breast Cancer: Understanding Your Disease and Treatment Options	Astra Zeneca	
Living and Learning: Breast Cancer Patient Workbook	Astra Zeneca	
My Self Breast Exam Record	Astra Zeneca	
Side by Side: A Practical Guide for Wellness Team	National Breast Cancer Fund Members: Monica Wright Roberts	
Pink Rose Package	Breast Cancer Action NS PO Box 34091 Scotia Square RPO Halifax, NS B3J 3S1 1-866-273-2223 <a href="http://www.bcans.ca">www.bcans.ca</a>  Dianna Schreuer 1-902-473-3680	

# Gastrointestinal

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## Available from the QEII Print Shop

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
045	Abdominal Surgery	9B	2005
046	Bowel Surgery	Food & Nutrition, 9B	2005
377	Cancer of the Pancreas	9B	2003
441	Gastrectomy	9B	2003
530	How to Reduce Heartburn	Food & Nutrition	1997
531	What to Eat After Stomach Surgery	Food & Nutrition	1997
558	What to Eat....Bowel Surgery	Food & Nutrition	1997
559	How to Reduce Intestinal Gas	Food & Nutrition	1997
561	Low Fiber: Low Lactose Diet	Food & Nutrition	1997
568	Nutrition Guide...Colostomy	Food & Nutrition	1997
569	High Energy, Protein, Low Fat...	Food & Nutrition	1997
703	Esophagectomy	Physio, 6A	2007

# Gastrointestinal

## Available from Other Outside Sources/Industry

<b>Title</b>	<b>Source</b>	<b>Creation/Rev. Date</b>
Colorectal Cancer: Understanding Your Disease and Treatment Options	Astra Zeneca	
Colorectal Cancer Association of Canada: dedicated to supporting patients and increasing awareness	Colorectal Cancer Association of Canada Toll Free Number 1-888-318-9442 <a href="http://www.ccac-accc.ca">www.ccac-accc.ca</a> <a href="mailto:info@ccac-accc.ca">info@ccac-accc.ca</a>	
Did You Know?		
Living and Learning Colorectal Cancer Patient Workbook	60 St Clair Ave East Suite 204 Toronto, ON M4T 1N5	
For a Better Way of Living with a Colostomy - The Sur-Fit Way	Convatec	
Living with an Ileostomy the Easy Active Life Way	Convatec	
Transverse Colostomy: An Introduction	United Ostomy Association	1999
Understanding Colorectal Cancer	Pfizer Oncology and Colorectal Association of Canada Joanne Corbett Pfizer Sales Representative 3319 Highway 3 Chester, NS Phone: (902) 275-2745 Toll free: 1-800-267-2553 #1429	2004

# Genital Urinary

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## Available from the QEII Print Shop

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
245	Prostatectomy, Radical	Urology Nsg. Ed. Committee	2007
247	Urostomy	Urology Nsg. Ed. Committee	2004
283	Kidney Removal (Open Nephrectomy)	Urology Nsg. Ed. Committee	2004
376	Prostate Cancer Hormone Therapy	NS Cancer Centre	2006
480	Orchiectomy, Bilateral	Urology Nsg. Ed. Committee	2004
482	Transurethral Resection of Bladder Tumors	Urology Nsg. Ed. Committee	2004
500	Bladder Cancer	Urology Nsg. Ed. Committee	2005

# Genital Urinary

## Available from Other Outside Sources/Industry

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<b>Title</b>	<b>Source</b>	<b>Creation/Rev. Date</b>
Benign Prostatic Hyperplasia: A Patient's Guide	Canadian Prostate Health Council	
Decision Aid for Prostate Cancer Treatment	Abbott Laboratories Ltd.	
Erectile Dysfunction in Men with Prostate Cancer	Canadian prostate Cancer Network	
Hormonal Therapy: A Treatment Option for Patients with Advanced Prostate Cancer	Canadian Prostate Health Council	
Our Voice: Living with Prostate Cancer in Canada	Abbott Laboratories	
Prostate Cancer: What it is and how it is treated	Astra Zeneca	1999
Prostate Cancer: Treatment with Radiation Therapy	Astra Zeneca	1999
Prostate Specific Antigen: a blood test for early detection of prostate cancer Guide	Canadian Prostate Health Council	
Questions and Answers on Prostate Cancer and Androcur	Berlex Canada Inc.	
Radical Prostatectomy: A Patient Guide	Canadian Prostate Health Council and Abbott Laboratories Ltd.	

Watchful Waiting: A Treatment Option for Prostate Cancer

Canadian Prostate Health  
Council

Prostate Cancer

Prostate Cancer: A Booklet for Patients

Reef Knot Kits

Canadian Prostate Cancer  
Network

1-800-810-2726

PO Box 1253

Lakefield, ON

K0L 2H0

[www.cpcn.org](http://www.cpcn.org)

[cpcn@nexicom.net](mailto:cpcn@nexicom.net)

604 739 7272 or

604 876 9306

604 876 9334 (Fax)

# Gynaecology

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## Available from the QEII Print Shop

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
180	Use & Care of Vaginal Dilator	Oncology Nurse Educator	2003
414	After Major Gynaecological Surgery	5A Nursing Staff, VG Site	2003
415	Abdominal Hysterectomy	5A Nursing Staff, VG Site	2003
416	Radical Hysterectomy	5A Nursing Staff, VG Site	2003
417	Radical Vulvectomy	5A Nursing Staff, VG Site	2003
418	Total Pelvic Exenteration	5A Nursing Staff, VG Site	2003
675	Internal Radiation (Cesium) Treatment	Radiation Oncology	2002

# Gynaecology

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## Available from Other Outside Sources/Industry

<b>Title</b>	<b>Source</b>	<b>Creation/Rev. Date</b>
Ovarian Cancer and Its Treatment	Ovarian Cancer Alliance Canada BC Cancer Agency Phone: (604) 877-6187	2000
Resources: A Guide for Women Living With Ovarian Cancer	Bristol-Myers Squibb Oncology	
4 booklets <ul style="list-style-type: none"><li>• Something Else to Worry About?</li><li>• Newly Diagnosed?</li><li>• Remission and Beyond</li><li>• Husbands and Partners</li></ul>	Ovarian Cancer Canada 2 <sup>nd</sup> Floor 600 West 10 <sup>th</sup> Avenue Vancouver BC, V5Z 4E6	2003
You are Not Alone: A Guide for Women Living with Ovarian Cancer	National Ovarian Cancer Association 27 Park Road, Toronto, ON M4W 2N2 1-877-413-7970 <a href="http://www.ovariancanada.org">www.ovariancanada.org</a> <a href="mailto:noca@ovariancanada.org">noca@ovariancanada.org</a>	2003
Video companion to above		
Think Ovarian! Facts about Ovarian Cancer in Canada <ul style="list-style-type: none"><li>• Ovarian Cancer</li><li>• Ovarian Cancer for Lesbians</li><li>• Ovarian Cancer for Jewish Women</li><li>• Ovarian Cancer for Women 50 and Older</li></ul>	National Ovarian Cancer Association 27 Park Road, Toronto, ON M4W 2N2 1-877-413-7970 <a href="http://www.ovariancanada.org">www.ovariancanada.org</a> <a href="mailto:noca@ovariancanada.org">noca@ovariancanada.org</a>	

# Head & Neck

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## Available from the QEII Print Shop

Order #	Title	Developer CH	Creation/Rev. Date
002	Commando	Otolaryngology Staff	2004
035	Thyroid Gland Surgery	SDS, 3B, 5A,	2002
358	Radical Neck Dissection	Otolaryngology Staff	2004
439	Total Laryngectomy	Otolaryngology Staff	2004
527	Safe Eating Guidelines	Food & Nutrition	1997
528	Signs of Dehydration	Food & Nutrition	1997
529	Foods That May Increase Risk of Aspiration	Food & Nutrition	1997
562	How to Thicken Liquids	Food & Nutrition	1997
563	Swallowing	Food & Nutrition	1997
566	Blended Diet	Food & Nutrition	1997
608	After Esophageal Surgery	Food & Nutrition	1997
624	How to Puree Foods	Food & Nutrition	1997
655	High Energy, High Protein, Low Fiber Guidelines	Food & Nutrition	1997

## Head & Neck

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### Available from Other Outside Sources/Industry

Title	Source	Creation/Rev. Date
Dysphagia Management Diets: Stage 1, Stage 2, Stage 3, Stage 4, Stage 5, Stage 6, and Stage 7	Abbott North-Western Hospital - Sister Kenny Institute Minnesota	1994

# Hematology

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## Available from the QEII Print Shop

<b>Order #</b>	<b>Title</b>	<b>Developer CH</b>	<b>Creation/Rev. Date</b>
062	Bone Marrow Transplant Exercises	Physio	2000
100	Bone Marrow Test	8A, 8B, QEII	2007
103	Multiple Myeloma	Hematology Work Group	2007
104	Splenectomy	Hematology Work Group	2004
215	Waldenstroms Macroglobulinemia	Hematology Work Group	2007
220	Practical Tips for Your Hospital Stay	8A/8B Nursing	2003
260	Bone Marrow Transplant, Autologous	BMT Program	2001
307	Myelodysplastic Syndrome (MDS)	Hematology Work Group	2006
618	Therapeutic Apheresis	Medical Day Unit	2005
619	Stem Cell Collection	Medical Day Unit	2005
622	Eating Healthy...Bone Marrow Transplant	Food & Nutrition	1997
642	Autologous Blood Donor Program	Nursing Apheresis, VG	2005
259	Bone Marrow Transplant, Allogeneic	BMT Program	2006
1002	Low White Count	J. Cleary, Educator, QEII	2003
1003	Thrombocytopenia	J. Cleary, Educator, QEII	2003

# Hematology

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## Available from Other Outside Sources/Industry

Title	Source	Creation/Rev. Date
Acute Myelogenous Leukemia	Leukemia & Lymphoma Society of America	
Acute Lymphocytic Leukemia	Leukemia & Lymphoma Society of America	
Chronic Lymphocytic Leukemia	Leukemia & Lymphoma Society of America	
Chronic Myelogenous Leukemia	Leukemia & Lymphoma Society of America	
Coping With Survival	Leukemia & Lymphoma Society of America	
Getting Through the Holidays	Joan Hamilton	
Hairy Cell Leukemia	Leukemia & Lymphoma Society of America	
Hodgkin's Disease	Leukemia & Lymphoma Society of America	
Making Intelligent Choices About Therapy: A Discussion of Unproven Treatments	Leukemia & Lymphoma Society of America	
Myelodysplastic Syndrome	Leukemia & Lymphoma Society of America	

# Hematology

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## Available from Other Outside Sources/Industry

**Title**

**Source**

**Creation/Rev.  
Date**

Myeloma

Leukemia & Lymphoma  
Society of America

The Unrelated Bone Marrow Donor Registry

Canadian Blood Services

# Neuro-Oncology

## Available from the QEII Print Shop

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Order #	Title	Developer CH	Creation/Rev. Date
1001	Spinal Cord Compression	Radiation Therapy	2003

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## Available from Other Outside Sources/Industry

Title	Source	Creation/Rev. Date
Brain Tumour Resource Handbook for Adults & Pediatrics	Brain Tumour Foundation of Canada 620 Colborne St., Suite 301 London, ON, N6B 3R9 1-800-256-5106 <a href="http://www.brain-tumour.ca">www.brain-tumour.ca</a> (519) 642-7765	

## Thoracic

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### Available from QEll Print Shop

Order #	Title	Developer CH	Creation/Rev. Date
110	Laser Bronchoscopy	Same Day Surgery	2002
111	Examination of Chest & Lungs	Same Day Surgery	2007
162	Chest Surgery	6A, Physiotherapy	2007
266	Pleural Drainage Catheter, Intermittent	L. Coulter, RN MN	2005
267	Pleural Drainage Catheter, Intermittent	L. Coulter, RN MN	2005
268	Chest Tube	L. Coulter, RN MN	2005
406	VATS - Video Assisted Thoracic Surgery	6A, Physiotherapy	2007

## Thoracic

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### Available from Other Outside Sources/Industry

Title	Source	Creation/Rev. Date
Making Choices: Treatment of Stage IV Non-Small Cell Lung Cancer	Eli Lilly Oncology	

# Medication Information Sheets

<b>Order #</b>	<b>Title</b>	<b>Source</b>	<b>Rev/Creation Date</b>
800	Acetaminophen	<i>Cancer Care Nova Scotia</i>	2002
801	Acyclovir	<i>Cancer Care Nova Scotia</i>	2002
802	Aldesleukin	<i>Cancer Care Nova Scotia</i>	2002
803	Allopurinol	<i>Cancer Care Nova Scotia</i>	2002
804	Altretamine	<i>Cancer Care Nova Scotia</i>	2002
805	Amifostine	<i>Cancer Care Nova Scotia</i>	2002
806	Amsacrine	<i>Cancer Care Nova Scotia</i>	2002
807	Anastrozole	<i>Cancer Care Nova Scotia</i>	2002
808	Asparaginase	<i>Cancer Care Nova Scotia</i>	2002
809	BCG Bladder Instillatori	<i>Cancer Care Nova Scotia</i>	2002
810	Bicalutamide	<i>Cancer Care Nova Scotia</i>	2002
811	Bleomycin	<i>Cancer Care Nova Scotia</i>	2002
812	Buserelin	<i>Cancer Care Nova Scotia</i>	2002
813	Busulfan	<i>Cancer Care Nova Scotia</i>	2002
814	Capecitabine	<i>Cancer Care Nova Scotia</i>	2002
815	Carbamazepine	<i>Cancer Care Nova Scotia</i>	2002
816	Carboplatin	<i>Cancer Care Nova Scotia</i>	2002
817	Carmustine	<i>Cancer Care Nova Scotia</i>	2002
818	Celecoxib	<i>Cancer Care Nova Scotia</i>	2002
819	Chlorambucil	<i>Cancer Care Nova Scotia</i>	2002
820	Ciprofloxacin	<i>Cancer Care Nova Scotia</i>	2002
821	Cisplatin	<i>Cancer Care Nova Scotia</i>	2002
822	Cladribine	<i>Cancer Care Nova Scotia</i>	2002
823	Clodronate	<i>Cancer Care Nova Scotia</i>	2002
824	Cotrimoxazole	<i>Cancer Care Nova Scotia</i>	2002
825	Cyclophosphamide LV.	<i>Cancer Care Nova Scotia</i>	2002
826	Cyclophosphamide Tablets	<i>Cancer Care Nova Scotia</i>	2002
827	Cyproterone Acetate	<i>Cancer Care Nova Scotia</i>	2002

<b>Order #</b>	<b>Title</b>	<b>Source</b>	<b>Rev/Creation Date</b>
828	Cytarabine	<i>Cancer Care Nova Scotia</i>	2002
829	Cytarabine Intrathecal	<i>Cancer Care Nova Scotia</i>	2002
830	High Dose Cytarabine	<i>Cancer Care Nova Scotia</i>	2002
831	Dacarbazine	<i>Cancer Care Nova Scotia</i>	2002
832	Dactinomycin	<i>Cancer Care Nova Scotia</i>	2002
833	Daunorubicin	<i>Cancer Care Nova Scotia</i>	2002
834	Dexamethasone	<i>Cancer Care Nova Scotia</i>	2002
835	Dexrazoxane	<i>Cancer Care Nova Scotia</i>	2002
836	Dimenhydrinate	<i>Cancer Care Nova Scotia</i>	2002
837	Diphenhydramine	<i>Cancer Care Nova Scotia</i>	2002
838	Diphenoxylate and Atropine (Lomotil)	<i>Cancer Care Nova Scotia</i>	2002
839	Docetaxel	<i>Cancer Care Nova Scotia</i>	2002
840	Dolasetron	<i>Cancer Care Nova Scotia</i>	2002
841	Domperidone	<i>Cancer Care Nova Scotia</i>	2002
842	Doxorubicin	<i>Cancer Care Nova Scotia</i>	2002
843	Epirubicin	<i>Cancer Care Nova Scotia</i>	2002
844	Epoetin	<i>Cancer Care Nova Scotia</i>	2002
845	Estramustine	<i>Cancer Care Nova Scotia</i>	2002
846	Etoposide I.V.	<i>Cancer Care Nova Scotia</i>	2002
847	Etoposide Capsules	<i>Cancer Care Nova Scotia</i>	2002
848	Exemestane	<i>Cancer Care Nova Scotia</i>	2002
849	Fentanyl Transdermal Patches	<i>Cancer Care Nova Scotia</i>	2002
850	Filgrastim	<i>Cancer Care Nova Scotia</i>	2002
851	Fludarabine	<i>Cancer Care Nova Scotia</i>	2002
852	5-Fluorouracil	<i>Cancer Care Nova Scotia</i>	2002
853	5-Fluorouracil Infusion	<i>Cancer Care Nova Scotia</i>	2002
854	Flutamide	<i>Cancer Care Nova Scotia</i>	2002
855	Gemcitabine	<i>Cancer Care Nova Scotia</i>	2002
856	Goserilin	<i>Cancer Care Nova Scotia</i>	2002
857	Granisetron	<i>Cancer Care Nova Scotia</i>	2002

<b>Order #</b>	<b>Title</b>	<b>Source</b>	<b>Rev/Creation Date</b>
858	Hydromorphone	<i>Cancer Care Nova Scotia</i>	2002
859	Hydroxyurea	<i>Cancer Care Nova Scotia</i>	2002
860	Idarubicin	<i>Cancer Care Nova Scotia</i>	2002
861	Ifosfamide	<i>Cancer Care Nova Scotia</i>	2002
862	Imatinib	<i>Cancer Care Nova Scotia</i>	2002
863	Interferon Alfa	<i>Cancer Care Nova Scotia</i>	2002
864	Interferon Alfa High Dose	<i>Cancer Care Nova Scotia</i>	2002
865	Lrinotecan	<i>Cancer Care Nova Scotia</i>	2002
866	Letrozole	<i>Cancer Care Nova Scotia</i>	2002
867	Leucovorin Injection	<i>Cancer Care Nova Scotia</i>	2002
868	Leucovorin Tablets	<i>Cancer Care Nova Scotia</i>	2002
869	Leuprolide	<i>Cancer Care Nova Scotia</i>	2002
870	Liposomal Cytarabine	<i>Cancer Care Nova Scotia</i>	2002
871	Liposomal Daunorubicin	<i>Cancer Care Nova Scotia</i>	2002
872	Liposomal Doxorubicin	<i>Cancer Care Nova Scotia</i>	2002
873	Lomustine	<i>Cancer Care Nova Scotia</i>	2002
874	Loperamide	<i>Cancer Care Nova Scotia</i>	2002
875	Lorazepam	<i>Cancer Care Nova Scotia</i>	2002
876	Mannitol	<i>Cancer Care Nova Scotia</i>	2002
877	Mechlorethamine	<i>Cancer Care Nova Scotia</i>	2002
878	Mechlorethamine Topical	<i>Cancer Care Nova Scotia</i>	2002
879	Medroxyprogesterone	<i>Cancer Care Nova Scotia</i>	2002
880	Megestrol	<i>Cancer Care Nova Scotia</i>	2002
881	Melphalan	<i>Cancer Care Nova Scotia</i>	2002
882	Mercaptopurine	<i>Cancer Care Nova Scotia</i>	2002
883	Mesna	<i>Cancer Care Nova Scotia</i>	2002
884	Methadone	<i>Cancer Care Nova Scotia</i>	2002
885	Methotrexate	<i>Cancer Care Nova Scotia</i>	2002
886	Methotrexate Intrathecal	<i>Cancer Care Nova Scotia</i>	2002
887	High Dose Methotrexate	<i>Cancer Care Nova Scotia</i>	2002

<b>Order #</b>	<b>Title</b>	<b>Source</b>	<b>Rev/Creation Date</b>
888	Methotrexate Tablets	<i>Cancer Care Nova Scotia</i>	2002
889	Metoclopramide	<i>Cancer Care Nova Scotia</i>	2002
890	Mitomycin	<i>Cancer Care Nova Scotia</i>	2002
891	Mitotane	<i>Cancer Care Nova Scotia</i>	2002
892	Mitoxantrone	<i>Cancer Care Nova Scotia</i>	2002
893	Morphine	<i>Cancer Care Nova Scotia</i>	2002
894	Nilutamide	<i>Cancer Care Nova Scotia</i>	2002
895	Octreotide	<i>Cancer Care Nova Scotia</i>	2002
896	Ondansetron	<i>Cancer Care Nova Scotia</i>	2002
897	Paclitaxel	<i>Cancer Care Nova Scotia</i>	2002
898	Pamidronate	<i>Cancer Care Nova Scotia</i>	2002
899	Pilocarpine	<i>Cancer Care Nova Scotia</i>	2002
900	Prednisone	<i>Cancer Care Nova Scotia</i>	2002
901	Procarbazine	<i>Cancer Care Nova Scotia</i>	2002
902	Prochlorperazine	<i>Cancer Care Nova Scotia</i>	2002
903	Raltitrexed	<i>Cancer Care Nova Scotia</i>	2002
904	Ranitidine	<i>Cancer Care Nova Scotia</i>	2002
905	Rituximab	<i>Cancer Care Nova Scotia</i>	2002
906	Streptozocin	<i>Cancer Care Nova Scotia</i>	2002
907	Tamoxifen	<i>Cancer Care Nova Scotia</i>	2002
908	Temozolomide	<i>Cancer Care Nova Scotia</i>	2002
909	Teniposide	<i>Cancer Care Nova Scotia</i>	2002
910	Thiotepa	<i>Cancer Care Nova Scotia</i>	2002
911	Topotecan	<i>Cancer Care Nova Scotia</i>	2002
912	Trastuzumab	<i>Cancer Care Nova Scotia</i>	2002
913	Vinblastine	<i>Cancer Care Nova Scotia</i>	2002
914	Vincristine	<i>Cancer Care Nova Scotia</i>	2002
915	Vinorelbine	<i>Cancer Care Nova Scotia</i>	2002
887	High Dose Methotrexate	<i>Cancer Care Nova Scotia</i>	2002
888	Methotrexate Tablets	<i>Cancer Care Nova Scotia</i>	2002
889	Metoclopramide	<i>Cancer Care Nova Scotia</i>	2002

## Reliable Websites

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Using a website is often a quick way of finding information. The quality of the information on the Internet varies. Anyone can set up a website. Some sites are reliable, but others are not. The Capital Health pamphlet, Health Information on the Internet (#228), provides some guidelines in selecting an Internet site.

### **Canadian Health Network**

[www.canadian-health-network.ca](http://www.canadian-health-network.ca)

Health Canada founded and funds this bilingual service. There is health information on a wide variety of topics.

### **Capital Health website**

[www.cdha.nshealth.ca/patientinformation/index.html](http://www.cdha.nshealth.ca/patientinformation/index.html)

Over 600 patient information pamphlets produced by Capital Health are available.

Cancer Care under **Health Link** will link you to many reliable sites.

### ***Cancer Care Nova Scotia***

[www.cancercare.ns.ca](http://www.cancercare.ns.ca)

This site describes the role of *Cancer Care Nova Scotia* and has links to many quality sites on cancer.

### **Canadian Cancer Society**

[www.cancer.ca](http://www.cancer.ca)

This is also a bilingual service.

## Cancer Information Service

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1-888-939-3333

Clear, simple information about cancer - tailored to your needs - is the hallmark of the Canadian Cancer Society's Cancer Information Service.

Caring and qualified information specialists provide information about:

- All types of cancer
- Prevention and early detection
- Cancer treatment
- Dealing with side effects
- Clinical trials
- Complementary and alternative therapies
- Emotional and financial support
- Services available in your community

So, when you want to know more about cancer, call the Cancer Information Service 1-888-939-3333; Monday to Friday, 9 a.m. to 6 p.m.

The Canadian Cancer Society's Information Service - Canada's only national, bilingual, toll-free service - offers comprehensive, credible information to cancer patients, their families, the public and healthcare professionals.

Copied from: When You Want to Know More About Cancer

Date:		Date Required:	
Name:		Phone #:	
Unit/Organization:			
Street:			
City:	Nova Scotia	Postal Code:	
Purpose:		Order taken by:	
TOTAL:	SHIPPING:	HST:	TOTAL INVOICE:

Code	Quantity	CANCER INFORMATION SERVICE	Price	Total
710-959		CIS Magnets – English (Blue)	N/C	
710-960		CIS Magnets – French (Green)	N/C	
NSD 088		Our programs and services in Nova Scotia- Brochure	N/C	
NS1-102		Our programs and services in Nova Scotia- Bookmark	N/C	
Code	Quantity	HEALTH PROMOTION	Price	Total
271-380		Family History Of Colorectal (Bowel) Cancer	N/C	
271-050		Pesticides & Your Health: What You Can Do	0.05	
Code	Quantity	TOBACCO CONTROL	Price	Total
NS2-008		Action In You Community Against Tobacco (ACT)	N/C	
211-977		Children & Second Hand Smoke	0.06	
211-979		Second Hand Smoke	0.06	
211-083		OSAAT – For Smokers Who Want To Quit	0.76	
211-997		OSAAT – Help A Smoker Quit	0.34	
211-995		OSAAT – For Smokers Who Don't Want To Quit	0.34	
NS2-004		Smokers' Helpline Bookmark	N/C	
NS2-007		Smokers' Helpline Tear Pads	N/C	
NS2-006		Thank You For Not Smoking Stickers	N/C	
279-017		Healthy Lung/Smokers Lung Poster	0.25	
219-973		What's Your Poison Poster	0.30	
NS2-005		Smokers' Helpline Poster	N/C	
Code	Quantity	HEALTHY EATING	Price	Total
211-106		5-10 A Day: Are You Getting Enough Pamphlet	0.25	
NS1-069		Canada's Food Guide	N/C	
201-077		Eat Well, Be Active	0.35	
		For healthy recipes refer people to <a href="http://www.5to10aday.com">www.5to10aday.com</a>		

		A handful of color poster – small 11x17		
		A handful of color poeter - large		
209-085		5-10 A Day Poster: Active Living	0.08	
209-089		5-10 A Day Poster: Children	0.08	
209-135		5-10 A Day Poster: Serving Size	0.08	
209-087		5-10 A Day Poster: Workplace	0.08	
<b>Code</b>	<b>Quantity</b>	<b>PHYSICAL ACTIVITY</b>	<b>Price</b>	<b>Total</b>
NS1-070		Canada's Physical Activity Guide	N/C	
NS1-019		Canada's Physical Activity Guide for Children 6-9	N/C	
NS1-020		Canada's Physical Activity Guide for Youth 10-14	N/C	
NS1-071		Canada's Physical Activity Guide for Older Adults	N/C	
NS1-095		Teachers Guide To Physical Activity For Children 6-9	N/C	
NS1-096		Teachers Guide To Physical Activity For Youth 10-14	N/C	
NS1-021		Canada's Physical Activity Handbook	N/C	
NS1-100		Canada's Physical Activity Handbook For Older Adults	N/C	
NS1-097		Gotta Move! Interactive Magazine For Children 6-9	N/C	
NS1-098		Let's Get Active! Interactive Magazine For Youth 10-14	N/C	
<b>Code</b>	<b>Quantity</b>	<b>SUN AWARENESS</b>	<b>Price</b>	<b>Total</b>
NS1-090		Protect Your Baby Flyer	0.75	
211-939		SunSense Pamphlet	0.09	
NS1-002		Be Sun Safe Stickers	0.02	
210-940		SunSense Bookmark	0.05	
NS1-086		Spot The Dangers Signs Bookmark	0.14	
NS1-091		SunSense Activity Book	0.59	
		Youth Artifical Tanning Poster – Male	N/C	
		Youth Artifical Tanning Poster - Female	N/C	
NS1-101		Artificial Tanning Bookmark	0.06	
240-092		SunSense Fortune Teller	0.05	
210-963		Living With Sunshine Booklet (for primary grade teachers) also on line www.cancer.ca	0.58	
219-941		SunSense Poster	0.67	
<b>Code</b>	<b>Quantity</b>	<b>WOMAN'S HEALTH</b>	<b>Price</b>	<b>Total</b>
211-010		Cancer Facts For Women	0.07	
211-934		Breast Health: What You Can Do	0.10	
211-017		Breast Self-Examination: What You Can Do	0.09	
320-064		Breast Self-Examination Shower Card	0.12	
310-648		Exercise After Breast Surgery: What You Need To Know	0.13	

311-932		Mastectomy: What You Need To Know	0.13	
301-852		Nutrition & Breast Cancer: What You Need To Know	0.62	
311-933		After Lumpectomy: A Women's Guide	0.60	
NS1-028		Q & A On Breast Cancer: A Guide For Women & Their Physicians	0.68	
301-851		Questions To Ask About Breast Cancer: What You Need To Know	0.68	
311-937		Understanding Treatment for Breast Cancer		
219-982		Breast Cancer Awareness Month Poster	N/C	
Code	Quantity	MEN'S HEALTH	Price	Total
211-015		Cancer Facts For Men	0.07	
NS1-036		Do You Have Your Head Stuck In The Sand About Prostate Cancer?	N/C	
Code	Quantity	WYNTK SERIES	Price	Total
311-001		Bladder	0.13	
311-003		Bone	0.13	
311-005		Brain	0.13	
311-007		Breast	0.02	
311-009		Cervical	0.13	
311-011		Colorectal	0.20	
311-049		Esophagus	0.13	
311-013		Hodgkins's	0.13	
311-015		Kidney	0.13	
311-021		Laryngeal	0.13	
311-019		Leukemia	0.13	
311-023		Lung	0.13	
311-027		Multiple Myeloma	0.13	
311-029		Non Hodgkin's Lymphoma	0.13	
311-051		Oral	0.13	
311-033		Ovarian	0.13	
311-035		Pancreatic	0.13	
311-039		Prostate	0.08	
311-025		(Skin) Malignant Melanoma	0.13	
311-031		(Skin) Non Melamoma	0.13	
311-041		Stomach	0.13	
311-045		Thyroid	0.13	
311-049		Uterine	0.13	
Code	Quantity	SUPPORTIVE CARE	Price	Total
311-931		A Guide To Cancer	0.57	
301-464		Helping Someone with Cancer	0.15	

311-402		Living with Cancer: A guide for people with cancer and their caregivers	0.72	
301-720		Clinical Trials: What You Need To Know: A Guide For People...		
311-578		Pain Relief: Info For People Living With Cancer & Their Families	0.55	
301-477		Radiation Therapy & You: A Guide To Self-Help During Treatment	0.70	
301-467		Chemotherapy & You: A Guide To Self-Help During Treatment	0.72	
311-231		Good Nutrition: A Guide for People With Cancer	0.34	
NS1-044		Cancer Information and Support in Nova Scotia - Fold Out Card	N/C	
NS1-089		The Lodge That Gives	N/C	
311-899		Good Nutrition: A Resource For Families Of Children With Cancer		
311-962		Talking With Your Child About Cancer	0.91	
301-894		When Someone You Love Has Cancer: A Resource For Young People	0.75	
311-017		Young People With Cancer: A Handbook For Parents		
Code	Quantity	MISCELLANEOUS ITEMS	Price	Total
		Cancer Information and Support – Blank Poster, letter size		
		Cancer Information and Support – Blank Poster, legal size		

**PLEASE RETURN COMPLETED FORM TO:**

Canadian Cancer Society- NS Division 5828 South Street, Halifax, NS B3H 1S6

**Fax (902) 429-6563 ccs.ns@ns.cancer.ca**

**Note:** if you require fewer than 5 copies or any written materials please call the Canadian Cancer Society's Cancer information Service (CIS) at 1-888-939-3333 or email at [info@cis.cancer.ca](mailto:info@cis.cancer.ca)